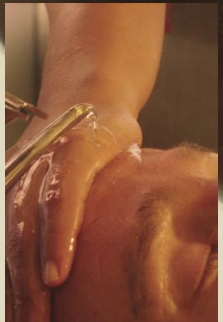
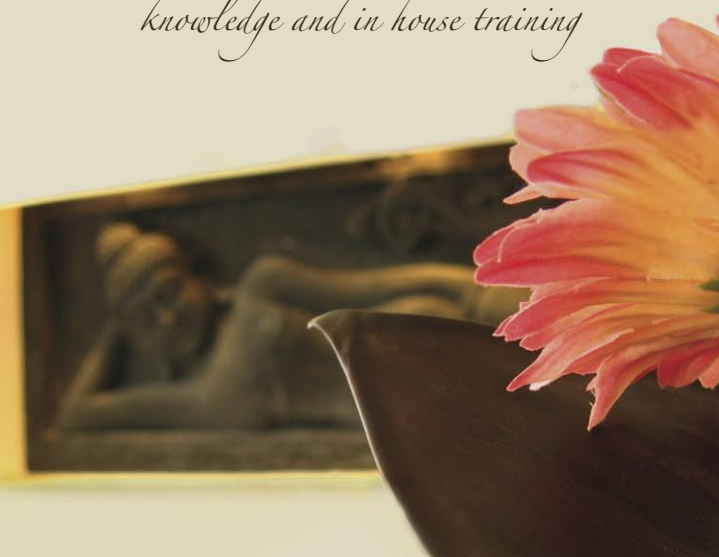




# Mandala Spa

wellness center

*Quality as a result of advanced technical  
knowledge and in house training*



*We would like to inform you that the times set,  
include the time to dress and undress  
and if necessary the time to rest.*

### **Massage and physiotherapy**

**Back massage 'Med'**  
Preventive & relaxing 30 min 26.- €

**Complete sport massage**  
For relaxation and stimulation 60 min 51.- €

**Combined massage 'Med'**  
Combined individual therapy suitable  
for physical problems,  
(even with symptoms of acute pain) 60 min 54.- €

**Combination massage 'Relax'**  
Back massage finishing with relaxing techniques  
to the neck, shoulders and head 60 min 51.- €

**Lymphatic drainage**  
Purifying and detoxing 60 min 51.- €

**Facial lymphatic drainage** 30 min 26.- €

## **Wellness & Massage**

### **Well-being**

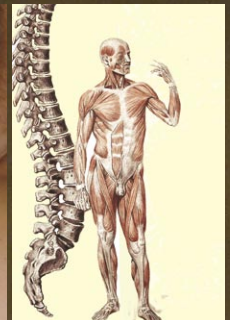
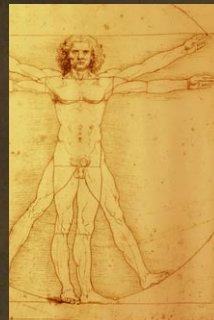
**Full Body Care Massage**  
Be thoroughly spoiled  
from head to foot 90 min 86.- €

**After-Sun Massage 'Aloe Vera'**  
With fresh Aloe Vera  
and jojoba oil 60 min 54.- €

**Foot Reflexology Massage**  
Detoxifying, regenerating, relaxing 60 min 51.- €

**Anti Stress Facial Massage** 30 min 28.- €

*Our hands for your health*



## Relaxing

### Chinese Massage

A special migraine treatment for back, shoulders, neck and head, classical massage, foot reflexology massage

and more **90 min 86.- €**

### Hot Stone Massage

An extended combination of massage and hot stones

**90 min 86.- €**

### Hot Stone Back Massage

In addition to the massage, hot stones are laid on tensed muscles

**60 min 54.- €**

### Chocolate Massage

The exceptionally well-being massage (a party for senses!)

**90 min 86.- €**

### 'Hopi' Ear Candles

An Indian therapy that is purifying and relaxing, plus an ear massage

**30 min 26.- €**



*The balance  
between body and spirit*

## Ayurvedic Massages

### Ayurvedic Massage

Full body massage with warm oil **90 min 89.- €**

### Ayurvedic Synchro-Massage

Synchronic massage by two therapists using warm oil. Just relax

**90 min 170.- €**

### 'Shirodara',

frontal oil bath and

Ayurvedic back massage

**60 min 56.- €**

### Ayurvedic Back Massage

**30 min 33.- €**

### Ayurvedic Foot Massage

**30 min 33.- €**

## Revitalization

### Anti-stress energy massage

Full body, energy giving massage,

together with ear candle treatment **90 min 86.- €**

### Full Body Aroma Massage

Gentle massage

with fruit fragrances

**60 min 54.- €**

### Full Body Sea Salt Massage

With sea salt, jojoba oil and fresh

Atlantic sea salt, rich in minerals

**60 min 54.- €**

### Shiatsu Facial Massage

Energetic massage

(also for headaches)

**30 min 28.- €**



## Cosmetics

### Facial treatments

**Regenerative treatment**  
with Aloe Vera 30 min 28.- €

**Cosmetic treatment for men** 90 min 72.- €

**'Basic Express'**  
Cleansing treatment  
(without massage) 60 min 50.- €

**Caviar and Collagen treatment**  
Regeneration, moisturizing  
and anti wrinkles program 90 min 79.- €

**Botox + Collagen**  
Provides noticeable improvement  
of wrinkles depth and structure 90 min 89.- €

**Co-enzyme Q10 treatment**  
Hydroregenerator. Especially for  
a damaged skin by a long sunbath 90 min 64.- €

**Eyes contour treatment**  
Visible improvement of wrinkles  
and dark circles 60 min 45.- €

### Specials

**Tinting & contouring of  
eyelashes/eyebrows** 30 min 21.- €

**Depilation** 30 - 60 min 24.-/48.- €  
with relaxing ampoule

## Cosmetic Body Treatments

**Aloe Vera & Jojobaoil natural skin wrap**  
intensive care, specifically  
for irritated skin 30 min 33.- €

**Seaweed wrap & hydrating**  
Generalized cellulite with drain  
and reduction effect (with peeling) 60 min 50.- €

**Body peeling** 60 min 46.- €

**Cleaning backtreatment**  
for problematic skin 60 min 48.- €

**Pretty Body Plus**  
Anti-cellulite and firming treatment.  
Intensive program for the especially  
problematic areas of the whole body 90 min 79.- €

**Anti cellulite treatment and body toning**  
Elimination of toxins  
and toning massage 90 min 82.- €

### Manicure and pedicure

**Manicure for men** 30 min 28.- €

**Manicure,**  
including massage and varnish 60 min 40.- €

**French manicure** 60 min 45.- €

**de Luxe – with paraffine** 90 min 59.- €

**Pedicure,**  
including massage and varnish 60 min 40.- €

**French pedicure** 60 min 45.- €

**de Luxe – with paraffine** 90 min 59.- €

**Gel Nails** 90 min 80.- €

**Gel Nails - French** 120 min 100.- €

**Nails decoration** 30 min 20.- €

*This treatment is both pleasing  
and relaxing.*